

Hunting for Health

Team Name:

Team Slogan:

Team Members:

You and your team will learn about health information and resources available in our community. Complete the scavenger hunt by finding each of the items listed. Bring these items to class to share with classmates next week. Be prepared to discuss the importance of each item to living a healthy lifestyle.

- **Three** different healthful snacks \$1.00 or less (Bring in a sample or a picture with the price).
- Empty package from a food with a nutrition label.
- Membership form or informational handout from **two** indoor or outdoor exercise facilities within a half hour of Bath.
- Pamphlet or brochure describing the services provided by a local department or clinic of maternal and child health.
- A newspaper, magazine, videotaped TV, or internet ad for a health-related product that includes false or misleading information.
- Brochure or internet resource describing the purpose and uses of the USDA Food Guide Pyramid.
- The name of Morse's social worker and where his or her office is located.
- A photograph of each team member participating in a true "moodlifter."
- The name of the grant that Morse has to educate staff and students about suicide.
- List all of the hospitals within a 50 mile radius of Bath.
- **Two** clubs or organizations in Bath, Phippsburg, Arrowsic, Woolwich, or West Bath that sponsor activities that help both social and mental wellness.
- All of the established places of worship in Bath only (ie churches, synagogues, temples)
- A copy of the Maine OUI law
- **Five** wellness activities that could be done with or for students during a forty-minute time period

What do the following acronyms stand for: (note, some have multiple meaning, so write down the one that is related to health).

AA:

AAA:

ACLU:

AHA:

AIDS:

CASA:

CDC:
CHANS:
DHS:
DOT:
ICU:
FDA:
HIV:
LSW:
NA:
NAMI
NICU:
NIH:
OUI:
USDA
RDA: