

The Responsible Decision Making Model

1. Describe the situation that requires a decision.
2. List the possible decisions you might make.
3. Share the list of possible decisions with a trusted adult.
4. Evaluate the consequences of each decision. Ask yourself the following questions:
 - Will this decision result in actions that
 - are healthful?
 - are safe?
 - are legal?
 - Show respect for myself and others?
 - Follow the guidelines of responsible adults, such as my parents or guardian?
 - Demonstrate good character?
5. Decide which decision is responsible and most appropriate.
6. Act on your decision and evaluate the results.

